



PE - Whole School Coverage of the National Curriculum

2018/19

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Gymnastics - balance, agility, co-ordination	Dance - Simple movement patterns	Ball skills - running, attacking, defending, team game, throwing and catching	Ball skills - throwing, catching, attacking, defending, running, team game	Games - Simple tactics for attacking and defending - Throwing and catching - key skills, movement, rules	Athletics – track events (running) Athletics – field event (jumping, throwing)
Year 2	Gymnastics - balance, agility, co-ordination	Invasion games: - Netball - Basketball Simple tactics for attacking and defending, running, jumping, throwing and catching	Dance - Simple movement patterns	Athletics - Track and field	Athletics - Striking and fielding	Tennis
Year 3	Tag rugby Dodgeball	Gymnastics	Dance	Diamond cricket	Athletics	Invasion games: - Netball - Basketball
Year 4	Tag rugby Athletics (indoor)	Dodgeball Small sided football *	Gymnastics	Tri Golf *	Swimming	Invasion Games: - Netball - Basketball
Year 5	Invasion games: - Rugby - Hockey	Swimming	Gymnastics	Tri Golf *	Cricket/Rounders * Athletics (outdoors)	Invasion Games: - Netball - Basketball Catch up swimming
Year 6	Swimming Dance	Multi skills	Invasion Games: - Netball * - Basketball *	Tri Golf *	Cricket/Rounders * Gymnastics	Gymnastics Catch up swimming

KS 1 : Each class will take part in a residential and will take part in outdoor and adventurous activity challenges

KS 2 : Each class will take part in a residential and will take part in outdoor and adventurous activity challenges including fencing lessons.